# How to Mix an Approved Sanitizing Solution 

Sanitizing reduces the number of microorganisms on surfaces to levels considered safe.
Chemicals can sanitize dishes and other food contact surfaces such as cutting boards, knives, cooking utensils, and counter tops.
Things you need to mix a chlorine sanitizer solution using bleach:

1. Ordinary household bleach. Do NOT use bleach with fibre guard or fresh scent.
2. Teaspoon or tablespoon
3. Spray bottle or bucket labelled Sanitizer

Mix according to directions provided below. If you do not use household bleach, commercial chlorine solutions, quaternary ammonia solutions or iodine solutions may be used at solution strength listed below. Always follow the manufacturer's instructions.

| Sanitizer | How to Mix | Solution Strength |
| :--- | :--- | :--- |
| Chlorine Solution <br> using household <br> bleach <br> • Mix $1 / 2$ to one teaspoon (2 to 5 mL$)$ <br> bleach into 1 litre water <br> Commercial Chlorine <br> Solution <br> Quaternary Ammonia to two tablespoons $(1 / 2-1$ <br> ounce) bleach into 1 gallon water <br> Follow manufacturer's instructions | $100-200 \mathrm{ppm}$ <br> $(200 \mathrm{ppm}$ may be used for <br> sanitizing surfaces in-place) |  |
| Follow manufacturer's instructions | 200 ppm |  |

## Tips to Remember:

- Do not mix bleach with soap.
- Use test strips to check the strength of the sanitizing solution.
- Replace sanitizing solution when solution strength is less than the required strength. Solution strength will weaken over time.

For more information, please contact your nearest Environmental Public Health office.

| Edmonton Main Office | $780-735-1800$ | Grande Prairie Main Office | $780-513-7517$ |
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| Calgary Main Office | $403-943-2288$ | Red Deer Main Office | $403-356-6366$ |
| Lethbridge Main Office | $403-388-6689$ | www.ahs.ca/eph |  |

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